

## Immunizations & Pain Management

Although we know witnessing your child receive immunizations is hard, know that the pain is temporary and immunizations are in their best interest.

For the first 24- 48 hours after vaccinations these tips may help:

- Rub the injection site on your child’s legs during each diaper change with a deep, gentle massage. If the child is older, encourage them to massage their injection sites frequently.
- Injection sites may turn red or become bruised. Apply cool compresses to the area. If the redness spreads please bring the child back to the office for a provider to assess.
- Your child may need Acetaminophen (if under 6 months) or Ibuprofen (if over 6 months) every 4-6 hours. If your child has a fever above 102° please contact our office (**229.247.2211**) or our After-Hours Phone Triage Nurse (**229.560.3216**). We will gladly see your child as a walk-in patient during regular office hours as well as After-Hours Clinic.
  - **Office Hours:**
    - **Monday–Thursday 8:30am- 4:30 pm, Friday 8:30am–12:00 pm**
  - **After Hours:**
    - **Monday-Thursday 5:30pm-8:30pm, Friday 1:00-4:30 pm**
    - **Saturday & Sunday 10:00 am-4:00 pm, seasonally**
      - (first weekend after Labor Day until the weekend before Memorial Day)

<u>CHILDREN’S TYLENOL</u>		<u>MOTRIN</u>	
<b>Weight</b>	<b>Dose</b>	<b>Weight</b>	<b>Dose</b>
6-11 lbs	¼ teaspoon OR 1 mL	6-11 lbs	<b>DO NOT GIVE</b>
12-17 lbs	½ teaspoon OR 2.5 mL	12-17 lbs ONLY if > 6 months	1.25 mL infant drops OR ½ teaspoon Children’s Motrin
18-23 lbs	¾ teaspoon OR 3.7 mL	18-23 lbs	1.875 mL infant drops OR ¾ teaspoon Children’s Motrin
24-35 lbs	1 teaspoon OR 5 mL	24-35 lbs	1 teaspoon Children’s Motrin
36-47 lbs	1½ teaspoons OR 7.5 mL	36-47 lbs	1½ teaspoons Children’s Motrin
48-59 lbs	2 teaspoons OR 10 mL	48-59 lbs	2 teaspoons Children’s Motrin
60-71 lbs	2½ teaspoons OR 12.5 mL	60-71 lbs	2½ teaspoons Children’s Motrin
72-95 lbs	3 teaspoons OR 15 mL	72-95 lbs	3 teaspoons Children’s Motrin
96 lbs ↑	4 teaspoons OR 20 mL OR 4 tablets of Jr. Tylenol		