

MEDICATIONS which may INTERFERE with ALLERGY SKIN TEST

Due to continued advances, not all medications may be listed at time of printing! If you are not sure about a medication, please call the allergy department before you take it.

*For your safety and accurate results, at each visit, please update our office on all current prescribed and over-the-counter medications. Certain medications contain ingredients which affect skin allergy tests. Check labels of all medications (including eye drops and nasal sprays) to determine whether your medications contain any of the ingredients listed below. For all ingredient questions, please consult your pharmacist.

****IMPORTANT: Notify us if you are pregnant or could be pregnant. *Notify us if you currently take any Beta-Blockers.***

STOP THESE MEDICATIONS 8 (EIGHT) DAYS BEFORE SKIN TESTING:

ORAL ANTIHISTAMINES:

- Allegra (Fexofenadine)
- Benadryl (Diphenhydramine)
- Claritin, Alavert (Loratadine)
- Clarinex (Desloratadine)
- Xyzal (Levocetirizine)
- Zyrtec (Cetirizine)
- All over-the-counter medications for allergy, cough, cold, sleep or nausea that include:
 - Axatadine (ex. Optimine, Trinalin)
 - Brompheniramine (ex. Dimetapp)
 - Carbinoxamine (ex. Palgic, Arbinoxa)
 - Chlorpheniramine (ex. Actifed, Aller-chlor, Chlor-Trimeton, Tylenol Allergy)
 - Cyproheptadine (ex. Periactin)
 - Dimenhydrinate (ex. Dramamine)
 - Diphenhydramine (ex. Unisom, Sominex, Triaminic, many with “PM” in the title)
 - Doxylamine (ex. Nyquil, Unisom)
 - Hydroxyzine (ex. Atarax, Vistaril)
 - Meclizine (ex. Antivert)
 - Pheniramine
 - Promethazine (ex. Phenergen)
 - Tripolidine (ex. Actifed)

ANTI-HISTAMINE NOSE SPRAYS:

- Astelin, Astepro, Dymista (Azelastine)
- Patanase (Olopatadine)

ANTI-HISTAMINE EYE DROPS:

- Alaway, Claritin, Zaditor, Zyrtec (Ketotifen)
- Bepreve (Bepotastine)
- Elestat (Epinastine)
- Emadine (Emedastine)
- Lastacaft (Alcaftadine)
- Livostin (Levocabastine)
- Naphcon-A, Opcon-A, Visine-A (Pheniramine)
- Optivar (Azelastine)
- Pataday, Patanol (Olopatadine)

HEARTBURN MEDICATIONS (H2 BLOCKERS):

- Axid (Nizatidine)
- Pepcid, Tums Dual Action (Famotidine)
- Tagament (Cimetidine)
- Zantac (Rantidine)

ALL HERBAL SUPPLEMENTS: including Astragalus, Feverfew, Green Tea, Licorice, Milk Thistle, Saw Palmetto, St. John’s Wort

Some antidepressants/sedatives MAY interfere with skin testing and should be brought to the attention of your Allergist.

NOTE: Do NOT stop these medications prior to discussion with your Allergist AND the Prescribing Physician.

Tricyclic Antidepressants (TCAs): Elavil, Limitrol (Amitriptyline), Doxepin, Tofranil (Imipramine), Vivactil (Protriptyline), Surmontil (Trimipramine), Nopramin (Desipramine), Aventyl, Pamelor (Nortriptyline)

Benzodiazepines: Klonopin (Clonazepam), Valium (Diazepam), Ativan (Lorazepam), Versed (Midazolam), Restoril (Temazepam), Estazolam, Xanax (Alprazolam).

Atypical Antidepressants/Sedatives: Remron (Mirtazapine), Quetiapine, Wellbutrin (Bupropion), Eszopiclone, Oleptro (Trazodone), Ambein (Zolpidem).

** Certain antidepressant medications do **NOT** interfere with allergy skin testing: **SSRIs:** Celexa (Citalopram), Lexapro (Escitalopram), Prozac, Sarafem (Fluoxetine), Paxil, Pexeva (Paroxetine), Zoloft (Sertaline); and **SNRIs:** Effexor (Venlafaxine), Pristiq (Desvenlafaxine), Cymbalta (Duloxetine).

Medications indicated below do NOT affect skin allergy testing.

DO NOT STOP these medications.

- Allergy Medications:
 - Pseudoephedrine, Phenylephrine decongestants
 - Lotemax Eyedrops
 - Nasal Sprays: Fluticasone, Flonase, Atrovent, NasalCrom, Qnasl, Zetonna, Veramyst, Nasonex, Nasocort AQ, Rhinocort, Omnaris
 - Mucinex, Guaifenesin
 - Dextromethorphan Cough medications (ex. Delsym)
- Prescription stomach acid reducers: Protonix, Prevacid, Nexium, Aciphex, Omeprazole, Prilosec
- Oral Steroids: Prednisone, Prednisolone, Methylprednisolone, Medrol
- Antibiotics
- **ALL ASTHMA INHALERS including inhaled corticosteroids, short or long acting beta agonists, Singular**
- Other Medications:
 - High blood pressure
 - Arthritis
 - Cholesterol
 - Diabetes
 - Cardiac
 - Anticonvulsant
 - Thyroid
 - Glucoma eye drops

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